

koleynu

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Visit www.temple-israel.com for the latest info/updates about events and programs.

Torah Study every Saturday at 9:30 –10:30 am.

October Holidays and Temple Events at a Glance...

October 2 | 7:30 pm Erev Rosh HaShanah October 3 | see details at right Rosh HaShanah

(office closed)
October 7 | 7:30 pm
Erev Shabbat Shuvah

October 11 | 8:00 pm

Kol Nidre

(office closes at 3:00 pm)

October 12 | see details at right Yom Kippur

(office closed)

October 16 | 6:00 pm "Pizza in the Hut" and Sukkah Decorating

October 17 Sukkot (office closed)

October 19 | 6:00 pm Brotherhood in the Sukkah

October 23 | 6:00 pm Erev Simchat Torah

October 24 | 11:45 am Simchat Torah/Shemini Atzeret /Yizkor

(office closed)
October 28 | 6:30 pm
Worship in Pink Cancer
Awareness Shabbat

Save the Date!

November 11 | 7:30 pm Courageous Conversations November 19 | Casino Night

High Holy Days Schedule of Services

Please note that you must present a ticket to attend the services below marked with a 🌣.



L'shana Tova!

Dance with the Torahs at our Simchat Torah Celebration!



Sunday, October 23 5:00 pm - Light Dinner* followed by Simchat Torah Service

*no charge for dinner but RSVP to the TI office at (561) 833-8421 so we have enough for all!

*	Erev Rosh HaShanah Sunday, October 2 Service7:30 pm
	Rosh HaShanah Monday, October 3 Family Service9:00 am Morning Service10:30 am
	Erev Shabbat Shuvah <i>Friday, October 7</i> "The Sabbath of Return"7:30 pm
\$	Erev Yom Kippur (Kol Nidre) Tuesday, October 11 Service8:00 pm
*	Yom Kippur Wednesday, October 12

Erev Simchat Torah Sunday, October 23 Service6:00 pm

Break-the-Fast (RSVP required)

Family Service9:00 am

Study Opportunity1:00 pm

Healing Service2:00 pm

Afternoon Worship Service ...3:30 pm

Yizkor/N'lah (concluding)4:45 pm

Morning Service10:30 am

with Yizkor Monday, October 24 Service11:45 am

Sh'mini Atzeret/Simchat Torah



RSVP for Break-the-Fast by October 5!

October 2016 Volume 2, Issue 1



1901 North Flagler Drive West Palm Beach, FL 33407

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From the President

Michael Jonas

Counting the Years

For thousands of years, Jews debated the year of creation. After several scholarly analyses utilizing dates in the Torah and the date of the destruction of the Second Temple in 70 C.E., the Jewish world accepted Rabbi Yossi ben Halafta's determination in the second century B.C.E. that the world began from nothing during the fourth hour on Monday, October 7, 3761 B.C.E. We have been counting Jewish New Years from that precise date ever since. Accordingly, we know that this *Rosh HaShanah* will begin the year 5777. We also know that physicists differ with this analysis.

One hundred years ago, a young physicist, Albert Einstein, conducted a thought experiment which concluded with his theory of general relativity represented by E=MC². This theory implied that our Universe began with an explosion (the Big Bang) of a single point of infinite energy and density

creating space and time. Initially, our Universe was so hot that the laws of physics did not apply causing it to expand for 380,000 years at a speed in excess of the speed of light. Space expanded and time passed so that the initial heat of the Big Bang cooled allowing the laws of physics to develop and govern our Universe, a world which contained energy, gravity, matter, and eventually the

Physicists have peered back into time with stronger and stronger telescopes to observe remnants of energy, gravity and matter from the Big Bang. Reviewed and analyzed for more than one hundred years, Einstein's theory has stood the test of time. From it, physicists have determined that our Universe began approximately 13.8 billion years ago.

Interestingly, in the 16th century, Rabbi Isaac Luria of Safed conducted his own thought experiment about the origins of the world 5777 years ago. His teachings, Lurianic Kabbalah, state that: In the beginning God was everything and everywhere but God determined to create. So, God needed to make a space in which there wasn't God because if God is everywhere and God is everything, then nothing else would exist. To create space, God condensed into a point of infinite density and energy known as "*Tzimtzum*."

Then God created the first light which God filled into holy vessels to be sent out into space. But, these physical vessels could not contain God's energy and the light exploded out from these vessels in all directions. The shattering of the vessels is known as "Shevirat haKeilim." The shards of the vessels and the energy that exploded from them created the world, the sun, the stars and the planets. Kabbalah teaches that we are to find and gather the shards of the vessels and the sparks energy to reach perfection and therefore, God. Studying and observing the Torah and partaking in all other devotional and loving acts are the means to gather the sparks and to engage in the great mitzvah of tikkun olam.

So, there are some interesting parallels between the thinking of the 20th century Jewish physicist, Albert Einstein, and his scientific progeny and the 16th century Rabbi, Isaac Luria, and his theological progeny. Both men conducted thought experiments and concluded that our Universe began from a single point of infinite energy and density leading to an explosion of light and leaving remnants to be found throughout our world. One difference is that while a physicist seeks to find the origins of our world in space and time, Judaism seeks to repair it in the time in which we live. As we prepare for *Rosh HaShanah*, we may be counting our years and reflecting on our past through different theories and theologies, but we can all agree to look for new ways in this Jewish New Year of 5777 to repair our world.

We should note that the teachings of Kabbalah inspired the artist's creation of the Eternal Light in our Sanctuary which looks like an exploding pod of light.



From the Rabbi

Rabbi Cookie Lea Olshein

Embracing (Again) *Mishkan HaNefesh*, Our New High Holy Days' Prayer Book...and the Season of Reflection

In the *Yom Kippur* volume of our new *machzor* (High Holy Days prayer book), we read the following:

On this night of return, let us find the humility to come close to You, and open ourselves to Your Presence. For You are absent only when we fail to make room for You in our hearts; distant, only when we turn away from You. Now, as others have done before us, let us overcome doubt and speak these words of affirmation...

- From the introduction to Avinu Malkeinu (Our Parent, Our Ruler), page 74, Mishkan HaNefesh

As we approach *Rosh HaShanah* and *Yom Kippur* this year, these words remind me that we must be both humble and open to a have a relationship with God. Too many of us come to services not understanding what the words mean and therefore only have the *pro forma* experience of attending services, often as a result of some sense of obligation or duty. This feeling then can close our hearts to the message and the meaning behind the liturgy.

This year, with your tickets, I wanted to make the season of preparation for the High Holy Days (the Hebrew month of *Elul* preceding *Rosh HaShanah*) easier for everyone at Temple Israel and provided a list of prompt questions for reflection on the year that has passed, and for the year to come. Using this kind of tool is called doing *cheshbon hanefesh* (accounting of the soul).

You can choose to take only a few minutes to read the questions and think about your answers, or you can journal through them — there is no "right" way to complete a *cheshbon hanefesh* but, like physical exercise, this mental exercise is only helpful if you do it.

This year, as we begin our second year with our new prayer books, feel free to wander around (you do not have to be on the same page as everyone

else in the room). Be open to reading the interpretive versions on the left side of the page...or, if that's where you find yourself usually wandering, be open to reading the traditional liturgy. (Perhaps you can try to find passages that your parents and grandparents might have found meaningful, connecting you to the countless generations that came before you.)

For this High Holy Days' season, my prayer for all of us is that we all humble ourselves and give ourselves the gift of a more meaning-filled holiday season by spending some time reflecting on our relationships and behavior. (Remember that we have "ten days of awe" to do this work, so it doesn't have to be, and in fact, isn't supposed to be, done in a single day.) If we do so, perhaps we will feel a new sense of "open-ness" that will help us better our lives in the year to come. Who knows where this gift might lead.

Shanah tovah um'tukah...may we each have a good and sweet new year.

President's Circle Update

Nancy and Barry Horowitz | Chairs





We again wish to thank and acknowledge all of the President's Circle members for their generosity and support of Temple Israel.

Please mark your calendars for Shabbat sevices on Friday, December 2, for our annual President's Circle Shabbat. We are planning a special proneg and oneg. In addition, all members will have the opportunity to participate in services and will be called up to the bimah for a special blessing.



Save the Date!

Saturday, November 19, 2016

TI Casino Night

Food, Drinks, Prizes and Fun!

If you would like to join the casino event committee, please contact the Temple office: (561) 833-8421.



Holiday Boutique

Sisterhood is beginning to make plans for a fabulous Holiday Boutique and Vendor Show to be held December 1, 2016 from 11:00 am - 7:00 pm.

We need everyone to help with this event. Please contact Judy Preefer, Karen List or Lisa Rubin-Caplan if you can help by being a vendor, help secure vendors, and/or volunteer the day/ evening of the sale.

Judy jpreefer@aol.com

Karen Karelito@aol.com

Lisa Irubinc@aol.com

Member Spotlight: Ellen Flaum



How/why did you join Temple Israel?

After years of belonging to a conservative temple, I did not belong anywhere. I started coming to TI and felt very welcomed and enjoyed the sermons of Rabbi Shapiro, as well as the warmth of the congregation.

After a few years, I decided it was time to join and become part of the temple.

What would be a great day for you? What would you do?

A great day for me would be surrounded by my four amazing grandchildren [left] and children. We could be playing games, like Taboo, Rummy-Q, trivial pursuit, or go to movies and the theatre. We just have a wonderful time being together.

What do you like most about Temple Israel? What drew you to us?

I like the warmth of TI and its commitment to tikkun Olam.

What is something that people would be shocked to discover about you?

Most people would be shocked to know that I love to parasail, fly in a glider and sky dive. I like being in the air!

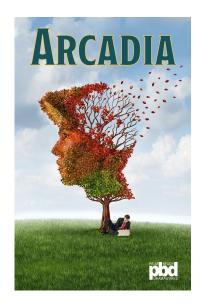
Theater Night and Dinner Returns April 1

Join Temple Israel Sisterhood and Brotherhood at another exciting Theater Night and Dinner on April 1, 2017 for the Dramaworks production of *Arcadia*, a 1933 play by Tom Stoppard about the relationship between past and present, order and disorder, certainty and uncertainty.

As in past years, those attending will meet for dinner before the 8 pm performance and then walk to the theater on Clematis Street. Co-chairs for the event are Sisterhood members Eunice Baros and Sherry Jacobs, a member of the Board of Directors at Dramaworks, and Jim Baros, representing Brotherhood.

Temple Israel season ticket holders at Dramaworks may transfer their date for this performance on April 1 at no charge. Dinner reservations will be separate. Temple members may attend the dinner and theater separately or participate in both. Tickets may be purchased for the reduced price of \$56 each. More information about dinner will be available in coming months.

For more information, contact Eunice Baros at eunicebaroslaw@gmail.com or the TI office at (561) 833-8421.



Honor a Loved One with a Leaf on TI's "Tree of Life"

Leaves are available for only \$180. Call the Temple office at (561) 833-8421 to learn more about this wonderful way to mark a special occasion in your family's life. Leave a lasting memorial for future generations!



Make Your Cemetery Arrangements Through Temple Israel

Temple Israel owns cemetery plots in our section of the Star of David Cemetery in Palm Beach Gardens. To purchase, call a Family Counselor at Star of David at (561) 627-2277 to discuss locations and other details.

We offer our plots at a special rate of only \$3,000 per plot (this is an \$800 discount per plot when you purchase through the Temple).

After speaking with the professional and choosing your plot location within the Temple Israel section, please contact our Temple Administrator, Jennifer Green Baer, to make payment arrangements. Jennifer is available to assist you in any way she can. Please call her at the Temple office at (561) 833-8421 so she can help you take care of one the best gifts you can gift your family, the gift of pre-planning.

Contributions

(Received through September 11, 2016)

We appreciate the thoughtfulness of those who support Temple Israel by remembering and honoring their friends and loved ones through their generous contributions. Thank you!

Beautification Fund

In honor of Braden and Jenna List's (son of Karen and Marty List, grandson of Cynnie List) wedding from Lora Baum

Floral Fund

In memory of Pauline Carter from Donald C. Carter

In memory of David and Pauline Carter

from Donald C. Carter

In memory of Anne T. Goodman and David J. Goodman from Murray H. Goodman

In memory of Anna and Morris Cohen, Nathan Abramson from Ruth Abramson and Family

Formal Jewish Education for Youth Fund

In honor of Michael Jonas from Leonard and Barbara Gray Kent Fescenmeyer

General Operating Fund

In memory of Elaine Levy with our sincere condolences from Dick and Linda Yosinoff
Kent Fescenmeyer

Leadership Development Fund

In honor of Michael Jonas from Deanna and Ed Roos

Music Fund

In memory of Rose Lasnick Orgel from Julius and Ann Lasnick

In memory of "Pop," my father Samuel Solomon, Jr., who loved music

from Joy FeBland

In loving memory of her parents, Hugh and Jean Kennedy, from Tracy Jean Simkowitz

In honor of Joy FeBland with best wishes on your very special birthday with love

from Linda and Howard Solomon

Nancy and Barry Horowitz

Judy Goldblatt

Alan and Judy Schuster

In honor of Karen and Marty List's son Braden's wedding from Howard Berman

Rabbi Emeritus Continuing Education Fund

In memory of Harvey Shipsin

Rabbi's Discretionary Fund

In memory of Benjamin Needle from Robert Needle In memory of Philip Blicher from Doris B. Ellenbogen

Social Action Fund

In memory of Leonard Sharkey from Lora Baum In honor of Braden and Jenna List's wedding from Aunt Sherri (Gilbert)

Yarzheit Fund In memory of... Heisman Schwartz from Dr. Richard Schwatz Pauline Carter from Donald C. Carter David Carter from Donald C. Carter Max Eges from Irma E. Morris Samuel Solomon, Jr. from Joy FeBland Jack Talkowsky from Bobbi Stern Moses Navisky from Bobbi Stern Julia Tess from Judith Kanter

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List of Temple Israel's Special Funds

Call the Temple office at (561) 833-8421 for more information.

- □ Beautification Fund
- Continuing Jewish Education for Adults Fund
- □ Jewish Education for Youth Fund
- □ Judaica Fund
- □ Leadership Development Fund
- ☐ Library/Media Center Fund
- ☐ Mitzváh Fund
- ☐ Prayer Book/Torah Commentary Fund
- □ Programming Fund
- ☐ Rabbi Emeritus Continuing Education Fund
- ☐ Rabbi Howard Shapiro Youth Fund
- ☐ Rabbi's Discretionary Fund
- □ Social Action Fund
- ☐ Social Hall/Kitchen Fund
- □ Technology Fund
- □ Vineberg Floral Fund
- □ Warren Canfield Music Fund

Help our office help you!

Our members make generous donations to Temple Israel and often ask the Temple to allocate them to two or more purposes. Because not all of our accounts are held at the same bank, it would be a great help if donations going to different banks were written on different checks (this does not pertain to credit card donations).

Payments for the following can all be on one check and will be allocated according to your instructions:

General Donations Yarzheits Annual Commitments Brotherhood Dues Fundraising Events Koleynu Ads Annual Journal Ads Sisterhood Dues

High Holy Day Appeal Class Payments Religious School

Payments made to any "fund" (see list above), can be together on one check and will be allocated according to your instructions. Contact the Temple office if you have any questions.



The Mussar Moment

Rabbi Howard Shapiro

Welcome to our new corner of the Koleynu. Dr. Barry Horotwitz and I will be sharing this space with a thousand year old tradition called Mussar (*moo-sar*). The word Mussar means moral conduct, instruction or discipline.

It began with early teachers of the Jewish mystical tradition in Spain and France. They asked the question what does it mean to be a good human being; what do the highest values of our Jewish tradition ask us to become and how do we reach our highest ethical and spiritual potential?

Rabbi Israel Salanter (1810-1883) turned the insights of the Kabbalists into a movement in 19th century Lithuania. The key Mussar teaching begins with a slight twist of language. We all know that Judaism believes that each of us has a soul implanted within us by however we understand the word, God. The Mussar masters want us to know that we don't just have a soul – We are a soul. The essence of what we call "self" is not the body, not what we do or who we are, but the innermost part of us that is "created in the image of God."

Our life work is to continue to develop that essence into the ethical, caring, compassionate, loving person we would like to look at in the mirror. It is all about polishing, refining, allowing our light to shine. Mussar suggests we exercise our soul muscles through reflecting on how we relate to other people – the people we love and the people who push our buttons (whom we might also love).

What is your button? How can you use it to make your soul shine? Or to put it in Mussar parlance: what is your soul curriculum? More on that next month.



koleynu koleynu

10

From the Educator

Iris Koller | Director of Youth & Family Engagement & Learning

When I grew up in Yonkers and then lived as an adult in a suburb of Syracuse, NY it was easy to mark the seasons by the weather and changing environment. Even as I lived in "Jewish time," there were also those weather cues that added to the movement through the year.

Now as I write this from West Palm Beach we are still awaiting a bit of "cool" and slightly less humidity to note fall is on its way. Yet, the pace is picking up here at Temple Israel and throughout our Jewish Community. My eyes are watching for new types of honey to add to our holiday table and slowly, fall seasonal fruits and vegetables are appearing in the stores. School buses are on the road and most excitedly, religious school has begun with significantly more students and families than we had last year!

And, to add to the New Year, we are introducing a new aspect to our *Koleynu*. The idea of our president, Michael Jonas, we have developed a *Kids' Koleynu* insert to our newsletter specifically for children and families. It will appear each season and offer puzzles, activities, and news and resources for parents. I hope you will enjoy it – and if you don't have children at home, please share it with neighbors or your own grandchildren.

On behalf of Conrad and myself, I wish each one of you a sweet and healthy New Year. May you find blessings, joy, and comfort within your family and our TI community.

Shana Tova u'Metuka

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Call the Temple office at (561) 833-8421 to reserve your space!

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Business Card

3.63" wide x 2" high 3 months - \$75 6 months - \$150 12 months - \$250

Keepers of the Koleynu \$100 Annual Donation

A message from Barry Horowitz, Koleynu Chair

Welcome to our first anniversary edition of the re-imagined Koleynu!

I believe that we have fulfilled our goals of imparting important information to the TI community and having wonderful material for perspective members. This has been possible due to generous support from the Keepers of the Koleynu and advertisers.

In order to continue and to reach another goal of publishing each edition in color, I again ask for your support for the coming year. If you have not already done so, please become a Keeper or renew your Keeper support. It is only \$100 for the year and your name will appear in each edition.

In addition, please consider advertising in the Koleynu and/or recommend us to someone who might wish to do so. The rates are posted here and are quite reasonable. As always, we welcome any suggestions, comments or ideas.

Photo Album:

Shababeque

On August 26, more than 115 people attended the Shababeque following Shabbat services.



Did you know?

Here are the answers to the crossword puzzle in the August/September Koleynu; how did you do?

Across

- 1. American city that Golda Meir settled in when she moved with her family from the Ukraine
- 4. Most common street name in Israel
- 6. Original name of TI's social hall
- 7. World's oldest continuously used cemetery is located in Jerusalem and named
- 10. Judaism was the first religion to teach this _____ to the world
- 11. Israel's national bird
- **12.** First gold medal won in the Olympics by a Jewish athlete was in what sport?
- 14. Three of TI's office staff share their first names with ___
- 15. Florida's oldest tourist attraction
- 17. Who has been a congregant of TI the longest
- 18. SS Cap Arcona is also known as the
- 19. Israel has ruled that this ungulate's milk is kosher
- 22. Who was Temple Israel's first full-time rabbi
- 23. Torah is also called the
- 24. Yiddish term for guts
- 25. Oldest European settlement in North America
- 26. Cantor Kruk's alma mater
- 27. Rabbi Olshein is originally from what state?
- 28. Diving capital of the world

Down

- 2. Jews first settled in this Florida city in 1892
- 3. Creative arts district north of Temple Israel
- 5. Holiday celebrated in June usually with cheesecake
- 8. Good morning in Hebrew
- **9.** This fruit has 613 seeds, one for each mitzvot in the Torah
- **13.** Type and color of flower worn by TI ushers during the High Holy Days
- 16. Florida's state song
- **20.** Which West Palm Beach restaurant was named one of the nation's 21 best diners?



Join TI as we celebrate all of us who are either survivors, or have supported or lost someone with breast cancer. Come together as we learn more about the causes and treatments for breast cancer.

If you are a survivor or have been affected by breast cancer physically or through family or friends, please contact Adrianne Weissman, Worship in Pink chair, at mickeymfla@gmail.com or (561) 373-0877.

Remember...early detection is the best prevention.

And be sure to register for the 2017 Komen South Florida Race for the Cure. Join or donate to the Temple Israel TaTa Society team at komensouthflorida.org.



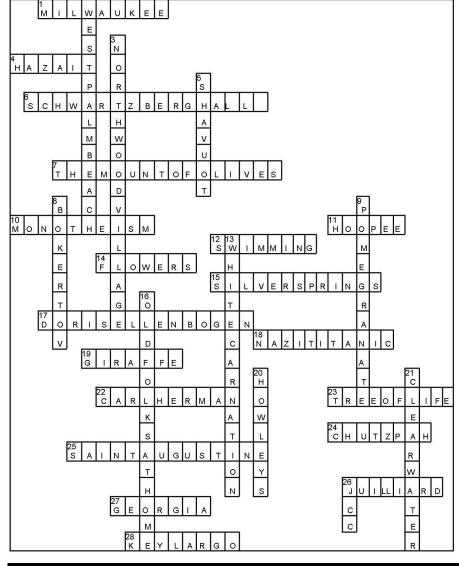
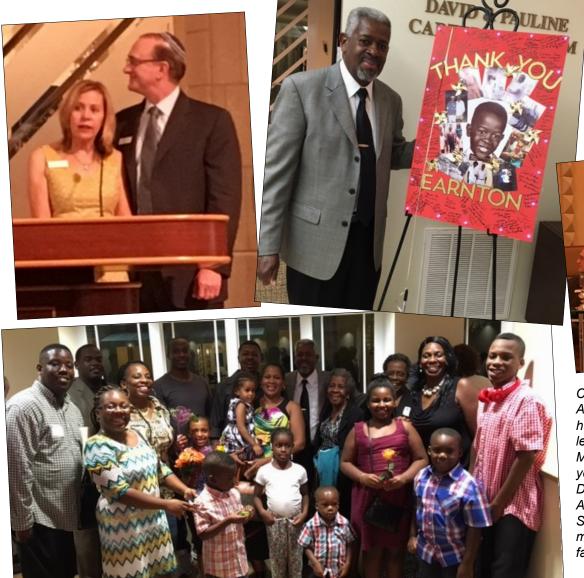


Photo Album: Earnton Mosely and Michael Jonas





September 9, 2016

Clockwise from top left: Amy Jonas salutes her husband Michael for his leadership; Earnton Mosely celebrates 25 years at Temple Israel; Deborah Mosely and Amy Jonas light the Shabbat candles; members of Earnton's family show their pride.

Zelda Mason wins Kipnis-Wilson/Friedland Award

Mazel tov to Temple Israel's Zelda Mason, honored with The North America's National Women's Philanthropy's prestigious Kipnis-Wilson/Friedland Award at the 2016 International Lion of Judah Conference in Washington, DC in September, attended by more than 1,300 Jewish women from the United States, Canada, Israel, Mexico, and the United Kingdom.

Since 2004, the award, established in recognition of Norma Kipnis-Wilson and Toby Friedland (z"l), co-founders of the Lion of Judah program, has honored extraordinary women who have set a high standard for philanthropy and volunteerism. Winners are chosen by their communities as "women of valor" with a lifetime of commitment to the Jewish world. Zelda was one of 75 women recognized this year.





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Birthdays



October 1

Ashlev Simmons

October 2

Leeann Ablin

October 4

Barbara Brizel

October 5

Judy Goodman **Amy Jonas**

Ethan Kaslow

October 6

Abby Botnick Steven Fligman

October 7

Mary Arpe

October 9

Barry Horowitz Renee Kline

Kyle Mayans

October 10

Justin Berey Dawn Kapner

Sandra Sternfeld

October 11

Jodi Bronstien

October 12

William Baker Aliyah Ballay

Madeline Horowitz

October 13

Allyson Marell MJ Rothschild

October 15

Abigail Hackman

October 17

Suzanne Elson Connie Goldberger Mitchell Josephs

October 18

Stephen Ehrlich Conrad Koller

Carol Safran

October 19

Alton Hale, Jr. Stephen Schwartz

October 20

Florence Bogin Sondra Fine Charles Hartley October 21

Harris Hollin Ilene Melnick Neal Rothschild

October 22

Jonathan Sirulnick

October 23

Rabbi Howard Shapiro

October 24

Sidney Lassen Victoria Stewart Bari Weinhausen

October 26

Jack Goldberger

October 27

Doris Ellenbogen

October 28

Aryela Gonzalez

October 30

Marcus Abramson

October 31

Gerald Kagan





October 2

Connie and Jack Goldberger Marcy Goldblatt-Greiter and Wolfgang Greiter

October 10

Lauren and JD Small

October 12

Linda and Richard Yosinoff

October 20

Angelica and Adrian Sandoval

October 21

Sarajane and Bob Marell

October 23

Rosana and Bennett Harris

October 24

Ann and Michael Small

October 25

Rachel and Robert Green Aileen and Mitchell Josephs

