



our voice koleynu

Purim Activities

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Cookie Lea Olshein

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RABBI EMERITUS

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From the Co-Presidents

Judy Shuster and Elaine Feldmesser

Elaine and I have had such an unbelievable journey this first year as Co-Presidents at Temple Israel. If you missed or were unable to attend our Annual Congregational Meeting in January, please visit our website at www.temple-israel.com and scroll down to Welcome to Temple Israel and click on Our 2018 Year in Review Celebration Video and catch the spectacular audio visual recap summarizing the many outstanding programs and community events that took place this past year at TI. I promise it will make you so proud of all we've done and continue to do.

We've already started off this secular New Year full steam ahead with our "Simply Jewish" series featuring Michael Twitty. We all had so much fun helping Chef Twitty prep all the food that we all enjoyed for a true culinary experience. It was fascinating to hear the great story teller recount his personal life journey as an African-American Jew. Did you know Israel Bonds and the Palm Beach Community will join together for a Unity for Israel Dessert Reception hosted by Temple Israel on March 14? TI is very PROUD to be honoring Rabbi Olshein at this event and we look forward to your show of support and seeing you all there.

Our great programming continues in March with another "Simply Jewish" interactive evening featuring Shira Kline on March 29. I could go on and on with all the wonderful happenings here at TI so stay tuned for many more exciting happenings and mark your calendar. Together we will grow our community which makes us stronger as a congregation!

B' Shalom.

Israel Bonds & the Palm Beach Community

Will Join Together For A

Unity for Israel Dessert Reception

New Synagogue of Palm Beach

Palm Beach Synagogue

Temple Beth El

Temple Israel of West Palm Beach

Honoring

Rabbi Cookie Lea Olshein

Temple Israel of West Palm Beach

Guest Speaker

Ambassador Ido Aharoni

Former Consul General of Israel in New York



Thursday, March 14, 2019 @ 7:00pm

Temple Israel of West Palm Beach

1901 North Flagler Drive

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To RSVP or For More Information, Contact

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From the Rabbi

Rabbi Cookie Lea Olshein

The Importance of Interfaith Families in the Reform Movement ... and at Temple Israel

For too many generations, those who fell in love with someone not Jewish were not fully welcomed within the Jewish community, often resulting in these families feeling as if they were second-class citizens in the Jewish world. However, for more than 40 years, the Reform Movement has consciously reached out to interfaith families to welcome these families into our Jewish communities. We are proud to say that Temple Israel does the same.

For about two thousand years, Jewish status was historically determined by the mother's religion, however, this was not always the case (in the Torah, the father's religious status determined the child's). In 1983, after much study and discussion, the Reform Movement formally adopted the idea of patrilineal descent, meaning that a child born either to a Jewish mother or Jewish father, who is educated and raised in the Jewish tradition, including participation in Jewish life cycle events, is considered Jewish. Since this time, the Reform Movement has not treated interfaith families as second-class Jews.

I entered Rabbinical School knowing that I would perform interfaith Jewish weddings because I believe in the value of creating Jewish families, especially when one partner happens to not be Jewish. Here in Florida especially, where we have many interfaith families who have not yet found their "Jewish home," we have a great opportunity to welcome them to Temple Israel, unlike other denominations of Judaism which approach interfaith families differently. (There is a brand new demographic study of the Jewish Palm Beaches which fully supports this idea – we will hear about this during our Friday, March 8th, services when a Federation representative shares the study results with us).

In furtherance of this goal, I am proud to announce that I have been selected as a Rukin Rabbinic Fellow, sponsored by an organization called, "InterfaithFamily" (you may be familiar with their website at www.interfaithfamily.com). Eleven North American Rabbis were selected to become the first cohort of Fellows focusing on refining our skills working with interfaith couples/families. Through professional development provided by InterfaithFamily, including immersive retreats, regular webinars, and one-on-one mentoring, I will be learning about how Temple Israel can better, and more intentionally, welcome these families to Temple Israel.

I will need your help in this process, particularly with regard to reaching out to interfaith couples. Please let me know if you know any interfaith couples seeking spiritual assistance and/or a spiritual home, and let them know that I am available to speak with them. This will not only help Temple Israel grow, but will also help perform the *mitzvah* of connecting Jews in a meaningful way to the Jewish community – meaning, what is good for the Jewish community is good for Temple Israel, and vice versa.

As I always say, please let me know how I can help you on your Jewish journey ... and please help me connect Temple Israel to others on theirs. May this be God's will.

B'shalom



The *Mussar* Moment

Barry Horowitz, M.D.

How prevalent is worry and how well is this trait known to the Jewish tradition? There is a joke that asks, “What does a Jewish telegram say?” The answer is, “Start worrying. Letter follows.” This past December, I took my family on our annual holiday cruise. My middle son was coming into town the day before we left from D.C., connecting in Atlanta. This was to be a day of stormy weather, and I worried if he would make it. So, I obsessively tracked his flights and I tracked the originating flights and I tracked the weather. I could not control any of this, but in the end he made it just fine with a lot of wasted energy on my part.

All of our worrying is about what might happen in the future and all worrying is really a form of fear. Worry can be a never-ending, unproductive and corrosive inner state that doesn’t ever do any good and instead just wears you down. This is to be separated, however, from concern, which is both healthy and warranted in life. It is good to be concerned about some things because they are complex, or obscure, or difficult and you need to be concerned that you will get them right.

One illusory way that we deal with worry is to try to control it or to control the situation about which we worry. Of course, each of us has real gifts and strengths that we are obliged to put to work on behalf of our goals. However, we also need to align ourselves closer to the truth when we recognize that it is an illusion to think that we control all the factors that go into anything that happens. Our choices are real and do make a difference, but we are neither the author of the script nor the director. Seldom do we determine a final outcome. At most we are actors with some influence, but that’s it. As soon as we stop over-emphasizing our own role in the world, worry can cease and suffering for it will end.

Items in the Sisterhood Gift Shop from Jerusalem’s “Lifeline for the Aged”

Yad LaKashish (“Lifeline for the Aged”) is a non-profit organization empowering and supporting nearly 300 elderly and disabled Jerusalem residents on a daily basis by providing them with creative work opportunities in its artistic workshops. Seven workshops exist so each person may find the right job for them, producing many different types of beautiful works of art. We have items for sale from several of their artisan workshops, including ceramics, metal works, paper arts, silk arts, and others.

Please consider our Sisterhood Gift Shop as your first stop when shopping for Judaica. We are open before and after some Friday night services, as well as by appointment during the week. Call the Office to see if we might have what you are looking for ... or if you just want to browse!

Please contact Lynn Levy at (561) 632-1877 if you would like to assist in the Gift Shop.





Social Action

Terry Resk, Co-Chair

TI MEMBERS EXERCISE THEIR SOULS AND BODIES

Helping others! Helping ourselves! Getting Fresh Air! Strengthening our Bonds!

We did it all! On Sunday February 3rd, TI's Social Action Committee, joined by interested congregants, tried our hands at gleaning. Together with CROS Ministries, congregants of other synagogues and a mosque, picked green peppers by the bucketful, and poured the fruits of our labor into huge bins so that they could be picked up and distributed to those in need by the Palm Beach County Food Pantry.

After three hours, not only did we each glow with the feeling of having helped others (and with a little perspiration), but we gained an appreciation of those who have to do this labor-intensive work all day, every day - for pennies a pepper.

Join us next time - I promise that you will be glad you did. In the meantime, it's easy to sign up to go yourself or with some friends. Check out crosministries.org for dates and times. While you are at it, visit Bendner's Market, the owner of the farm which gave up their last crop of gorgeous, gigantic peppers so that we could pick them.



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MARCH 29, 2019
5:30 pm - Wine Bar & Nosh
6:30 pm - Worship Under
the Stars

Followed by
Oneg Shabbat

RSVP: 561.833.8421

TAKE ME OUT TO THE BALLGAME!

TI Brotherhood has 40 bleacher tickets for the MARLINS/CARDINALS game at ROGER DEAN STADIUM in Jupiter for Sunday, March 24. The game starts at 1:05PM.

All registered religious school students are entitled to one free ticket. Parents will have to pay \$23 per ticket. First come, first served.

All attendees should meet at the ticket booth no later than 12:30PM to ensure entry.



Simply Jewish Second Person, Michael Twitty

Master Story Teller - Amazing Chef



Black-Eyed Pea Hummus (Michael Twitty)

1 15-ounce can plain black-eyed peas, rinsed and drained (preferably organic)
1/2 cup of freshly squeezed lemon juice
1/4 cup extra-virgin olive oil
1/3 cup tahini
4 minced cloves fresh garlic
1-1/2 teaspoons kosher salt
1 teaspoon mild or smoked paprika
1/2 teaspoon cumin
1/2 teaspoon coriander
1/2 teaspoon chili powder
1 teaspoon brown sugar
1 teaspoon hot sauce
2 tablespoons minced fresh parsley, for garnish
1 tablespoons sesame seeds, for garnish



Mash or process the black-eyed peas in a food processor. Mashing makes for a chunkier hummus, while processing makes for a smoother dip. Pulse for about 15 seconds at a time until the peas are broken down. Continually scrape the processor so that everything gets mixed in.

Mix the olive oil and tahini together with a whisk. Turning the hummus into a mixing bowl, drizzle this in a bit at a time until everything is incorporated.

Add the lemon juice, garlic, paprika, cumin, coriander, chili powder, sugar, and hot sauce and mix well, adding more to taste if necessary.

Transfer the hummus to a bowl. Sprinkle with a bit of paprika, the parsley, and the sesame seeds. Drizzle with extra olive oil, if you so choose.



Chai Shabbat



On Friday, April 5th, during our *Erev Shabbat* service, Temple Israel will have the great privilege of honoring members of the TI Family who have been a part of our congregation for 18 or more years. Join us for this special evening to celebrate our long time members and help us thank them for their passion and commitment to our synagogue.

SHABBAT **out of ...**



Step "out of your box" on Saturday, March 16th, at 11:00am (right after Torah study from 9:30-10:30-ish am) and join us for our monthly Shabbat MORNING worship experience we are calling ...

Out of the Box Shabbat!

Join Rabbi Olshein for this informal one hour-ish, *Shabbat* morning exploration of the prayers and meaning of *Shabbat* with Guest Musician Carol Garrett. This service will challenge you through its music, its delivery, and its message ... so have some faith in trying something new and join us for TI's *Shabbat* EXPERIMENT and, yes, there will even be a tasty Kiddush lunch following for all who attend!

Saturday, 03/16 @ 11:00 am

Temple Israel of West Palm Beach @ 1901 North Flagler Drive 33407

Come comfortably dressed with an open mind ... open to all ... no RSVP necessary.
Questions? Contact Rabbi Olshein at Temple Israel at 833-8421.

Board Spotlight – Terry Resk

1. Why do you belong to Temple Israel?

Initially, because my parents joined when I was three. More recently, because my son wanted to come when he was in high school and it felt like home, so I just kept coming.

2. Why did you choose to become involved with the leadership of Temple Israel?

Because I was in a state of shock when I was asked, and didn't know how to say no. I guess the folks who asked me knew me better than I knew myself because it has been one of the most fulfilling activities of my adult life. Working together with the common goal of strengthening the synagogue builds a sense of comradery and creates a purpose beyond that of attending services.

3. What is something fascinating about your family that many people do not know?

Stephen Colbert tweeted about my son and live-streamed him.

4. Why is it important to you for Temple Israel be here in 50 years?

It has been a fixture in this community for almost a century and should be able to continue serving congregants and the community in the same manner. It serves as a bridge between the Jewish community's past and future.





Calling All Religious School Students!

On Sunday, 3/10, at 12:00pm (right after Religious School), please join us for our

PURIM PREP PROJECT!

Help our congregation prepare for Purim, which will be observed this year on Friday, 3/22!

There will be Hamantaschen Making for our *Oneg Shabbat* dessert reception *following* our Purim Service!

There will be Grogger Making to use *during* our Purim Service!

There will be special surprises ... and there will be PIZZA for lunch!

Please RSVP no later than Wednesday, 3/8, so we can be sure to have enough supplies on hand ... and enough pizza!

Questions? Call the Temple Office at (561) 833-8421.

All kids enrolled in our Religious School are invited to this FREE event!

The URJ Biennial December 11-15, 2019, will be held in Chicago, IL.

Join with thousands of Jews from across North America and around the world to learn, pray, share ideas, dance and sing, hear from inspiring speakers and the leaders of our Movement; reunite with old friends, create new connections, and make decisions about the policies of the Reform Movement.

To learn more, please visit urj.org/urj-biennial.



URJ BIENNIAL 2019
DECEMBER 11 - 15 • CHICAGO, IL



**Join Your TI Family for Our
"Upside-Down Dinner" & Purim Shabbat!**

Friday, March 22nd

*** 5:30pm: Upside-Down Breakfast-for-Shabbat Dinner**

**Due to a generous donor, Dinner is Complimentary for
TI Members with an RSVP before 3/15!**

RSVPs 3/15 or later: \$15 adult / \$5 per child

Non-Members: \$18.00 with RSVP

Everyone is \$20.00 at the door

*** 6:30pm: Erev Shabbat Worship Celebrating Purim
A Fun-Filled Night For The Entire Family!**



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Irma Morris

Frances Talkowsky

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Philip Livingston

Anna Zweig

Joseph Zweig

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Janie Grackin



March Birthdays

- 1 Eileen Pasternak
- 2 Paul Cohen
- 2 Siena Davis
- 2 Karen List
- 3 Fredric Fine
- 4 Chloe Duncan
- 7 Matthew Goldberger
- 7 Fruema Klorfein
- 8 Edward Elson
- 8 Bennett Harris
- 9 Jeffrey Hirsch
- 9 Joi Lynn Young
- 10 Deborah Hirsch
- 11 Larry Abramson
- 11 Barbara Thrasher
- 11 Elias Torres-Nussbaum
- 13 Molly Botnick
- 15 Evan List
- 16 Jane Warshaw
- 17 Robert Pasternak
- 18 Nancy Schwartz
- 19 Rikki Bagatell
- 19 Gerard Belilty
- 19 Sherri Gilbert
- 20 Ma'ayan Eckstein
- 20 Jonathan Horowitz
- 20 Ezra Lavine
- 23 Matthew Sax
- 24 Lucy Maryuma
- 24 Alexandra Skaletsky
- 24 Burton Stern
- 25 Kate Frost
- 25 Brian Haft
- 26 Samantha Feuer
- 27 Caren Zisson
- 29 Marsha Fishbane
- 30 Cherri Alexander

March Anniversaries

- 7 Blake & Melissa Matthews
- 20 Marty & Karen List
- 21 Herb & Phyllis Siegel
- 23 Hanny Lavine & Ezra Lavine
- 30 Bob & Ellen Wacks

Mazel Tov

Mazel Tov to Irv Silver and Lisa Caplan. Irv's daughter, Danielle Silver, became engaged to William Butler.

A fall wedding is planned. The couple resides in Houston, Texas.

Mazel Tov to Iris and Conrad Koller on the birth of their newest grandchild,
Joseph Robert Koller,
newest son of Megan and Josh Koller,
and little brother to Benjamin.



Honor a Loved One with a Leaf on TI's Tree of Life

Leaves are available for \$180.00. Call the Temple Office to learn more about this wonderful way to mark a special occasion in your family's life. Leave a lasting memorial for future generations.

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Saturday, April 20, 2019

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RSVP by April 12th

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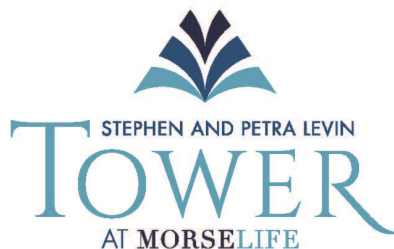
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March 2019

Visit www.Temple-Israel.com for more information about these events and programs and for the latest calendar updates.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Brotherhood Shabbat 6:00 pm - Proneg 6:30 pm - Service	2 Torah Study 9:30 am Prayer 101 11:00 am
3	4	5 Executive Committee Meeting 6:00 pm	6 Yoga 10:30 am Hebrew School 4:15 pm	7 In-Depth Learning “Dilemmas of Faith” 7:00 pm	8 Erev Shabbat 6:00 pm - Proneg 6:30 pm - Service	9 Torah Study 9:30 am
10 Religious School 9:00 am Purim Prep Project 12:00 pm	11	12 Wise Aging: Living with Joy, Resilience and Spirit 1:00 pm Mussar and Your Voice for Growth 7:00 pm	13 Yoga 10:30 am Hebrew School 4:15 pm	14 Prayerful Jewish Meditation 2:00 pm Israel Bonds 7:00 pm	15 Erev Shabbat 6:00 pm - Proneg 6:30 pm - Service	16 Torah Study 9:30 am Out-of-the-Box Shabbat 11:00 am
17	18	19 Board of Trustees Meeting 7:00 pm	20 Yoga 10:30 am	21 In-Depth Learning “Dilemmas of Faith” 7:00 pm	22 Erev Shabbat 5:30 pm - Upside Down Dinner 6:30 pm - Service Celebrate Purim	23 Torah Study 9:30 am
24 Brotherhood & Religious School @ Baseball Game 12:30 pm 31 Religious School 9:00 am	25	26 Wise Aging - Living with Joy, Resilience and Spirit 1:00 pm	27 Yoga 10:30 am	28 Prayerful Jewish Meditation 2:00 pm	29 Erev Shabbat TI Culture Series “Simply Jewish” Shira Kline 5:30 pm - Wine Bar & Nosh 6:30 pm - Worship Under the Stars	30 Torah Study 9:30 am



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Save the Date

Want to Make a Difference with Other Reform Jews? Save the Date for the 2019 “Consultation on Conscience”!

Every two years, the Religious Action Center of Reform Judaism hosts a “Consultation on Conscience” (CoC) in Washington, DC ... and last year was the largest ever with over 700 people participating! The next Consultation on Conscience will be held **May 19-21, 2019**.

In 2019, Temple Israel will again have a delegation attending the CoC. While in DC, we will attend skills-strengthening sessions, learn more about the issues facing our country and our world, and connect with allies. We will conclude our visit with a day of advocacy on the Hill meeting with our own elected officials with a delegation from all over the state of Florida.

Please mark these dates on your calendar. If you would like more information about becoming part of TI's delegation, please contact Rabbi Olshein or past attendees Maggie or Harry Kaufman for more information. We look forward to learning, and advocating, with you in DC next spring!