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**It's not too late to join
the TI TaTa Society!**



The 2017 Race for the Cure is January 28 (Team Walk starts at 9:00 am). Register now or donate at komensouthflorida.org.

If you have not received your Annual Journal, call the office at (561) 8322-8421.

Visit www.temple-israel.com for the latest info/updates about events and programs.

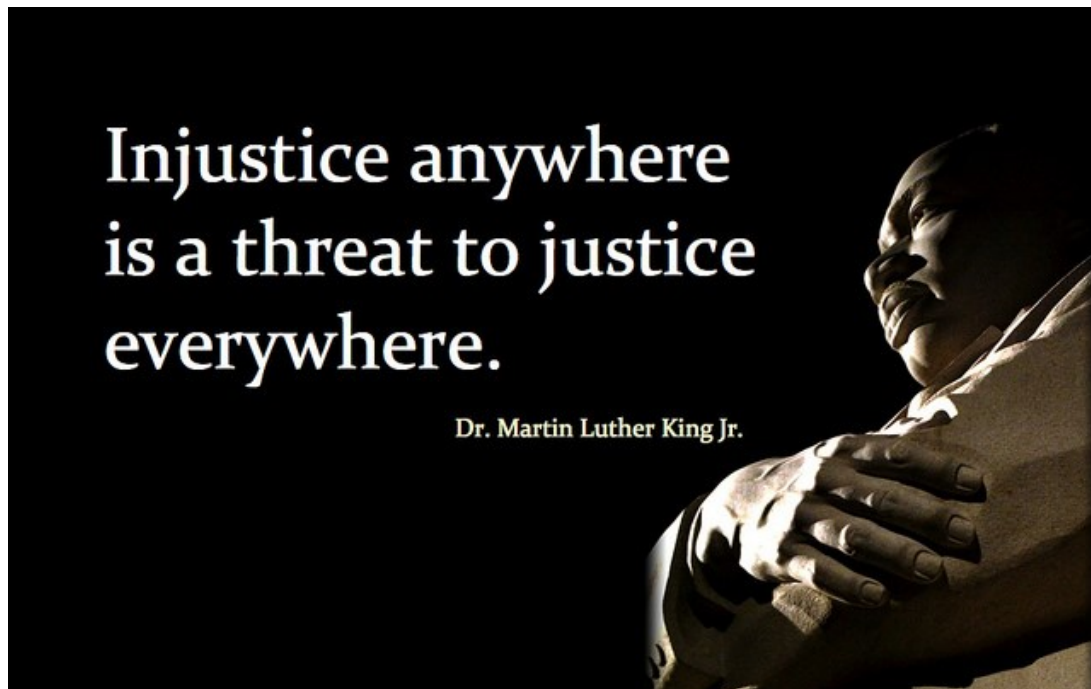
Torah Study every Saturday.

Calendar Highlights

January 20 | 6:30 pm
Courageous Conversations
January 22 | 9:30 am
Religious School Bake Sale
January 24 | 6:30 pm
TI Annual Meeting
January 27 | 5:30 pm
Religious School Families Shabbat Dinner

Save the Date!

February 10 | 5:30 pm
Rabbi Shapiro's "The Next Person I Want You to Meet"
March 29
Kraft Cultural Luncheon

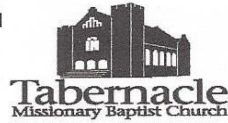


Join us for the Martin Luther King, Jr. Coordinating Committee's 4th Annual ***Freedom Celebration***

Friday, January 13

6:00 p.m. | Pre-Service Reception
6:30 p.m. | Interfaith Worship Service

Following our service, we invite everyone to participate in a special Social Action Project to benefit the West Palm Beach Food Pantry/CROS Ministries.



1901 North Flagler Drive
West Palm Beach, FL 33407

(561) 833-8421
www.temple-israel.com
Like us on Facebook!

Rabbi

Cookie Lea Olshein

Cantor

Michael Kruk

Rabbi Emeritus

Howard Shapiro, DD

Administrator

Jennifer Green Baer

**Director of Youth, Family
Engagement & Learning**

Iris Koller

Bookkeeper

Clover Henry-Gilroy

Campus Supervisor

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Administrative Assistant

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Accompanist

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Fred Weissman
Penultimate Past President

Sisterhood President

Ellen Goldenson

Brotherhood President

Charlie Eaton



From the President

Michael Jonas

Come Healing

Leonard Cohen died on November 7, 2016. He is generally admired for writing the song "Hallelujah," a portion of which we sometimes sing during services. In addition to recording 26 albums of original songs, Leonard Cohen wrote novels, essays and poetry. Frequently, his work included a prayer for healing. Here is a portion of the lyrics to a song he wrote:

"Come Healing" (Leonard Cohen)

O gather up the brokenness
And bring it to me now
The fragrance of those promises
You never dared to vow
The splinters that you carry
The cross you left behind
Come healing of the body
Come healing of the mind

And let the heavens hear it
The penitential hymn
Come healing of the spirit
Come healing of the limb

Cohen's "Come Healing" speaks of healing of the soul - *tikkun ha nefesh* and healing of the body - *tikkun ha guf*. One of the hymns that we sing during our services is a prayer with a similar plea: "We pray for healing of the body. We pray for healing of the soul. For strength of flesh and mind and spirit. We pray to once again be whole." The mentally ill are not whole; they are broken. We pray for their healing, but we must do more than pray.

We all know someone in our temple, circle of friends or family who is afflicted with or affected by mental illness. Those who are suffering from this illness need healing and treatment. Those living or working with the afflicted need patience, courage, education and professional guidance.

On January 20th, Rabbi Olshein, working with our Social Action Committee, will introduce another **Courageous Conversation: Suicide Prevention and Mental Health Issues In Our Community**.

As part of this Shabbat service in our Sanctuary, we will hear a panel of local mental health professionals discuss these issues. After services, we will begin this Courageous Conversation in the David & Pauline Carter Ballroom. Please join us when we not only pray for healing of the mind and of the spirit, but we also learn about the treatment of and the resources available to assist those in our community who are afflicted with or affected by mental illness.



JANUARY 20

MARCH 24

MAY 12

6:30 pm | Temple Israel

**OURAGEOUS
CONVERSATIONS**
A Series of Discussions on Important Topics



From the Rabbi

Rabbi Cookie Lea Olshein

Turning our Blessings Into Action...One Choice at a Time

"God does not want to be believed in, to be debated and defended by us, but simply to be realized through us."
– Martin Buber

We are blessed, not only with gorgeous weather. We are blessed with a beautiful structure within which we do our holy work...and we are blessed with so many committed Reform Jews who come together both to pray and to act.

During my first High Holy Days season here, on *Rosh HaShanah* morning 2012, I stood before our spiritual community and talked about the prevalence of hunger in our physical community, and then introduced the idea of a food pantry here in our neighborhood. It took 16 months but, on the third Friday in December of 2013, we opened the West Palm Beach Food Pantry at the Urban League Community Services Center at 2107 N. Tamarind, exactly one mile from Temple Israel.

At that time, Temple Israel's members had committed to providing the necessary volunteers one Friday a month, with four other congregations providing volunteers for the rest of the month. Since then, we have now taken on an additional Friday as other groups have ended their commitment. (Interestingly, the one other remaining congregation who started with us is Unity of the Palm Beaches, who rents space from us...they now provide volunteers two Fridays a month as we do.)

Last month, we celebrated the third anniversary of the West Palm Beach Food Pantry. As we gathered that morning to acknowledge the moment, one of the things that stood out to me was, yes, we were helping the community, but we also were helping ourselves. From our work at the Food Pantry, volunteers have told me that their eyes have been opened to the needs that exist that they really never understood before...and, over and over again, they have told me that they have gotten much more out of the experience than they give.

Temple Israel now volunteers on the first and third Fridays of every month from 9:15 - 11:45 a.m. (A special note of thanks to Ellen Flaum who has been our Pantry Coordinator from the very beginning, as well as Ellen Goldenson who has taken on coordination of the first Friday of each month.)

On Yom Kippur, God asks us through the prophet Isaiah, "Is this fast that I desire?...No, this is the fast I desire: ...It is to share your bread with the hungry, and to take the wretched poor into your home; when you see the naked, to clothe him, and not to ignore your own kin." (Isaiah 58:5-7)

Please let me know if you would like to join us in this holy work.

On another note, we would like you to be aware of the gift of an anonymous angel in our midst. If you were with us at *Rosh HaShanah* this year, you know that we had a medical emergency during services. At that time, our member-doctors have told us that it would have been helpful to have had a defibrillator...which we have now been gifted anonymously. To our community, we thank the donor for recognizing the need and stepping up to "check it off our list." Thank you.

We also want you to be aware of two upcoming evenings in January. First, we will celebrate MLK Shabbat on Friday, January 13th, when we host Rev. O'Neal from Gray's Temple to be our preacher for the evening, and will also have special music, liturgy readers, a school-aged oratorical contest winner, and an art exhibition. Following services, we will again join together to re-bag rice for the benefit of the WPB Food Pantry...two years ago, we re-bagged 500 pounds of rice...last year, we re-bagged 700 pounds...and, this year, we plan to re-bag 1,000 pounds! If you have attended this service before, you know how special it is.

Finally, please know that our "Courageous Conversations" series is continuing on Friday, January 20th. We had almost 100 people attend our first session which focused on "Opiate, Prescription Drug, and Substance Abuse in Our Families and Community." Our next topic is "Suicide Prevention and Mental Health Issues in Our Community." Dinner is complimentary for all attendees, but we ask that you please RSVP for planning purposes. Most importantly, please invite your friends and neighbors to join us for these important community conversations...the issues we are discussing impact everyone and talking about our issues is the first step to finding solutions...please help be part of the solution.

As I conclude my message this month, I bring us back to my opening thought: we are so blessed. Even when we are struggling personally, we have to realize how fortunate we are, counting our blessings each and every day. My prayer for you is that you choose to be open to finding blessings in both the mundane as well as the obvious...and then choose to turn those blessings into action.

Feel free to stop by my office or call anytime...my door is always open to help you on your Jewish Journey.

New Chesed Committee Can Provide a Helping Hand

Temple Israel has a newly formed *Chesed* (Caring) Committee and we are reaching out to all temple members. If you are sick, injured, need assistance (such as a ride to *Erev Shabbat* services), or if a loved one has passed away, we may be able to help you in your time of need. We are only a phone call away. Please contact the Temple Office at (561) 833-8421 for further details.





Member Spotlight: Jill Douglas

By Ellen Goldenson

Can you tell us a little about your background?

I was born in Baltimore, Maryland where I lived until college. I went to Emerson College in Boston where I studied writing and literature. After I graduated I taught elementary school back in Baltimore for a year where I realized that I loved teaching but not in a traditional school. That is when I decided to train as a yoga teacher which I have been doing ever since. That was almost 15 years ago.

Did you grow up in a Jewish family?

I did. I grew up in a close knit Jewish family and community. I attended a Jewish day school until fourth grade, and my family (nuclear and extended) have been members of the same conservative synagogue for 50+ years.

How did you find Temple Israel?

My family had been searching for a congregation where we could really feel at home and where my kiddos could attend Hebrew school and connect with other Jewish children. I mentioned what I was looking for to my doctor - who delivered my girls - and she mentioned that she was a member at Temple Israel. After some investigation, and some lovely emails and conversations with Iris [Koller, TI's Director of Youth, Family Engagement, and Learning], my family attended our first Temple Israel *Shabbat* and felt immediately that we have found what we had been searching for!

What are you hoping that your daughters will receive from their religious school education?

I'm hoping that they will learn some of the basics of Judaism like prayers and an understanding of the holidays. But more than that - I'm hoping that it will provide them with a deep sense of belonging, and a connection to both individuals and a community that share the same values, heritage, and cultural perspectives.

How does your understanding of Judaism and yogic philosophy intersect?

Ooh, this is a good question and one I'm very interested in investigating. My studies of Yogic Philosophy have been much more extensive than my official studies of Judaism. Although I do feel like my upbringing has instilled so much within me in terms of Jewish perspectives and values that I don't always realize how much of ME comes from Jewish thought and practices. So to answer this question simply, I think that both spiritual traditions provide a clear framework for meaningful living and for navigating life more skillfully with attitudes and experiences of compassion, empathy, gratitude, generosity, and purpose.

Will the yoga class you teach at Temple Israel be appropriate for all potential students or must they have a certain level of fitness?

The class will be open to all levels of students and there will be many options for students to vary the class in a way that will be most useful for their needs. I believe that students can receive tremendous benefits just from being in the class and breathing even if many of the postures seem out of reach. I do recommend that students who find it helpful to use yoga props to adjust the postures bring what they may need to the class. I will be happy to help those new to yoga to determine if props are helpful and how to use them appropriately.

When will they begin? How much will each class cost? Where are the classes?

WHERE Lassen Waterview Courtyard (overlooking the Intracoastal Waterway)
WHEN Wednesdays from 5:45 - 6:45 p.m.
 January 11, 18, and 25; February 1, 8, and 15 (no session on February 22); March 1 and 8
COST 8 sessions for \$100 or \$14 per drop-in

RSVP to the Temple office by January 7 so we can make sure we have a critical mass for the course. Please make checks payable to Jill Douglas.

"Next Person I Want You to Meet:" UnOrthodox

The smart, fresh, fun weekly take on Jewish news and culture on *Tablet* magazine, UnOrthodox, is coming to Temple Israel on February 10th as the next installment in Rabbi Howard Shapiro's series, "Next Person I Want You to Meet." UnOrthodox will be podcasting from Temple Israel. Don't know what podcasting is? Get ready! It's live. It's scintillating. It's a blast! You'll love it. In doubt - Google it. There's a young Jewish world out there we need to listen to.

Contributions

(Received through December 11, 2016)

We appreciate the thoughtfulness of those who support Temple Israel by remembering and honoring their friends and loved ones through their generous contributions. Thank you!

Beautification Fund

In honor of Judy Goldblatt's birthday
from Lora Baum

Vineberg Floral Fund

In memory of Harvey Cohen
from Richard & Suzy Cohen

In memory of Essie Ostrof, Herbert Schwartz,
and Harriet Abrams
from Stephen & Nancy Schwartz

Tree of Life

In honor of Judy Goldblatt's special birthday
*from Zelda & Allen Mason
and Howard & Linda Solomon*

Harvey Goldberg Technology/Innovation Fund

In honor of the High Holy Days Services
from Elliott & Susan Edelman

Rabbi's Discretionary Fund

In honor of Joy FeBland
from Morris Zabarkus & Rita Holz

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Mark & Tracy Simkowitz
Martin & Diane Trust
Ira & Jane Warshaw
Fred & Adrienne Weissman
Morris Zabarkus & Rita Holz

Help our office help you!

Our members make generous donations to Temple Israel and often ask the Temple to allocate them to two or more purposes. Because not all of our accounts are held at the same bank, it would be a great help if donations going to different banks were written on different checks (this does not pertain to credit card donations).

Payments for the following can all be on one check and will be allocated according to your instructions:

General Donations	Fundraising Events	High Holy Day Appeal
Yarzheits	Koleynu Ads	Class Payments
Annual Commitments	Annual Journal Ads	Religious School
Brotherhood Dues	Sisterhood Dues	

Payments made to any "fund" (see list above), can be together on one check and will be allocated according to your instructions. Contact the Temple office if you have any questions.

Yarzheit Fund

In memory of...

Sidney Frank from Sheila Lutin
Peggy Hearn from Joi & Perry Young
Grace Kleid from Richard & Rhoda Kleid
Leah Levin from Alice Warren
Marcus Levine
from Barbara Levine
Herman Levine
from Barbara Levine
Dexter Levy from Sumner Levy
Eman Lichtenberg
from Rabbi Howard & Eileen Shapiro
Edna Rulon Lloyd
from Norman & Doris Berman
Mildred Martin from Michael & Diane Steiner
Ida Miller from Rabbi Howard & Eileen Shapiro
Elizabeth Morris from Irma Morris
Harry Morris from Irma Morris
Ramona O'Liel from Jacqueline Belilty Kandel
and Bernard Kandel
Samuel Roberts from Mr. & Mrs. Neil Roberts
Rose Rubin from Marvin & Baylie Rosenberg
Michael Rudnick from Barbara Levine
Lily Stern from Roberta Stern

List of Temple Israel's Special Funds

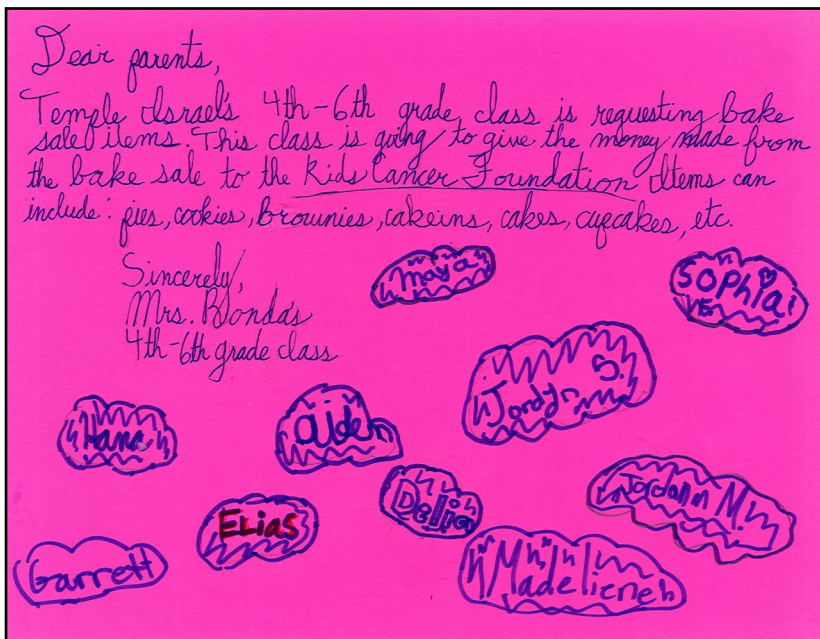
Call the Temple office at (561) 833-8421 for more information.

- ☐ Beautification Fund
- ☐ Continuing Jewish Education for Adults Fund
- ☐ Jewish Education for Youth Fund
- ☐ Judaica Fund
- ☐ Leadership Development Fund
- ☐ Library/Media Center Fund
- ☐ Mitzvah Fund
- ☐ Prayer Book/Torah Commentary Fund
- ☐ Programming Fund
- ☐ Rabbi Emeritus Continuing Education Fund
- ☐ Rabbi Howard Shapiro Youth Fund
- ☐ Rabbi's Discretionary Fund
- ☐ Social Action Fund
- ☐ Social Hall/Kitchen Fund
- ☐ Special Needs Fund
- ☐ Harvey Goldberg Technology/Innovation Fund
- ☐ Vineberg Floral Fund
- ☐ Warren Canfield Music Fund



To help with the rising costs of finance charges on credit card payments, we are now requiring a 3% convenience fee on all credit card transactions.

We appreciate your cooperation and understanding as we continue to carefully monitor the financial health of the Temple.



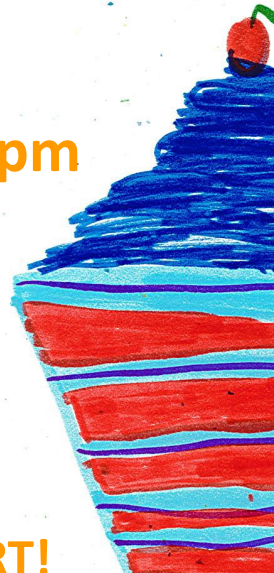
TI Congregants and Religious School Families:
We Need YOUR Purchases!

Sunday,
January 22
9:30am - 12:30pm

Religious School Parents:
We Need YOUR Bake Sale Items*

*If you are interested in making bake sale items, please call Rhonda at (561) 951-5156 to coordinate.

Thank you in advance for YOUR SUPPORT!





From the Educator

Iris Koller | Director of Youth, Family Engagement & Learning

Learning by Doing!

Many of you may remember religious school as a place with desks, chairs, pencils, textbooks, and worksheets. Some of you might even recall a stopwatch used to time your rote recitation of prayers that you did not understand.

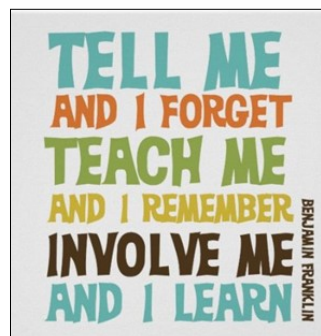
Such images could not be further from what happens at Temple Israel during our school sessions. Hebrew letters are reinforced through Jewish values, Biblical stories and yoga moves. Basic Hebrew reading is accompanied by a *tiyul* – a field trip through sites and cities across Israel. Prayer learning is done not just through rote reading, but also through discussions of meaning and writing of interpretive liturgy that reinforces understanding and engagement, as each student creates a portfolio of prayers.

A new concept might begin with a video or story shared with students. Discussions ensue, opinions are shared, and questions abound. Ultimately, the discussion turns to a “now what” – what do we do with this knowledge? This year, our “now what” actions already include:

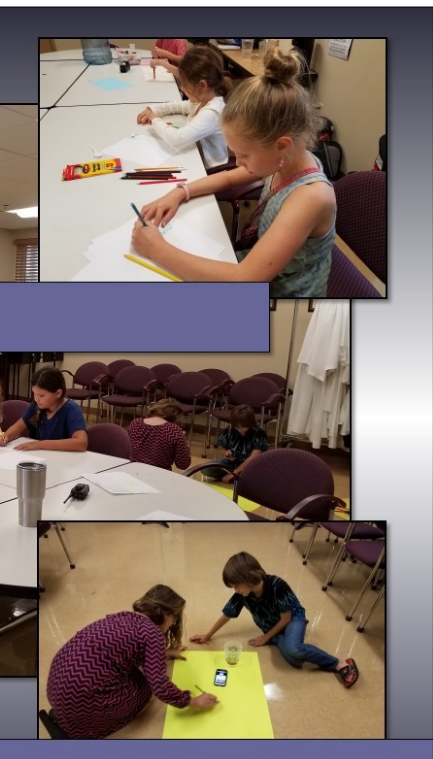
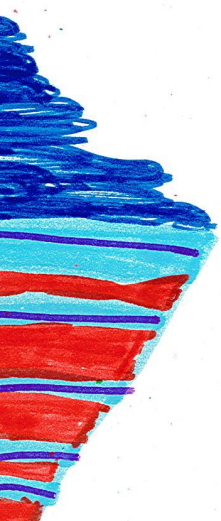
- an ongoing fund-raising initiative for the Royal Palm Beach based Kids Cancer Foundation that grew from our oldest students exploration of *tzedakah* and our responsibility to care for all in our community. You can see their January 22nd Bake Sale announcement in this issue of the *Koleynu*.
- A new food drive initiative that grew from our youngest students’ discussion after reading David Adler’s *Hanukkah Cookies with Sprinkles*, a story that highlights the response of a young girl and her family to the needs of a man in their community.

Our second and third grade students will begin a new initiative this month as part of their growing understanding that Israel is a modern country, not just a place we hear about in our prayers and Torah. They will be connecting with a class of second graders in our community’s sister region in Israel both in “real time” via Skype and by sharing and corresponding via email. Technology will allow teacher Maggie Kaufman and *madrichim* (assistants) Ashley DeVore and Jacob Green to facilitate new connections for our students, building bridges and awareness of the world beyond our shores.

Temple Israel is a great place for our youngest members to build connections by living Jewish values. We welcome new students at any time, so please share our work with your neighbors, friends, and colleagues.



Bake Sale



Volunteer Shabbat

December 9, 2016



Membership Report

Amy Jonas | Co-Chair

I am pleased to report that since the beginning of 2016, 23 families have joined the temple. Our membership now stands at 277 families, a net growth over the past year of nine percent. When we speak in terms of membership units we are not referring to the actual number of adult congregants but rather the number of family units in our temple. A husband and wife who both belong to the temple are counted as only one membership unit. Likewise, any adult children through age 26, are counted as part of their parent's membership unit. The actual number of adults belonging to Temple Israel is 540.

Enhancing the connection our members have with the temple is one of primary goals of the Membership Committee. The December 9th Volunteer Appreciation/New Member Shabbat is a perfect example of how this is being done. Anyone who was at services that night can attest to how wonderful it was to see the *Bimah* filled with so many of our newer members, including some very young children, as Rabbi consecrated them into our temple family with a special prayer and blessing in the Ark.

Being a part of temple's newly launched **Greeting Corps**, is an ideal opportunity for you to increase your engagement level while helping Temple Israel be the kind of "home" we all want. A place where everyone - congregants and guests alike - are warmly greeted and made to feel welcome. Regardless of how much or little time you have, or whether you are comfortable being a "greeter" or prefer to be a behind the scenes helper, your involvement will help insure the success of TI's Greeting Program. This program will also enable the temple to better identify and follow-up with potential members. Lori Ackerman and Mark Simkowitz, co-chairs of the Greeting Corps, look forward to having you as part of their team.

Temple Israel has so much to offer. Now is the time to spread the word and let others know that our temple is the place for them. Please invite others to come with you to any of the services or terrific programs and events that are scheduled in coming months.

January Birthdays



- | | |
|-----------------------|---------------------------|
| 1 Kristine Thurston | 11 Bailey Bone |
| Babbette Wolff | Barbara Hatzfeld |
| 2 Rabbi Paul Menitoff | Violet Werner |
| 3 Jacqueline Kandel | 13 Benjamin Bagatell |
| Michele Seltzer | Cordelia Chislak |
| 6 Tiffany Kapner | Linda Solomon |
| Michael Strauss | 14 Richard Cohen |
| Gayle Woods | Ellen Flaum |
| 7 Nancy Carter | 15 Blayre Farkas |
| Rae Cherry | 16 Robert Blank |
| Beryle Goverman | Taylor Mercur |
| Michelle Jacobson | 17 Phyllis Gurwin |
| 8 Herbert Siegel | Nancy Roth |
| Ruth Smith | Ira Warshaw |
| 10 Henry Bagatell | 18 Mollie Roth Gottschalk |
| Jennifer Shuster | 21 Leonard Gray |
| Stella Small | 22 Beth Levinson |
| | Rhona Shugarman |

- | |
|---------------------|
| 23 Robert Wacks |
| 25 Richard Greene |
| 26 Maxwell Horowitz |
| 27 Joan Goldberg |
| Samantha Jonas |
| Millicent Rudnick |
| Michael Steiner |

- | |
|---------------------|
| 29 GeeGee Eisenberg |
| Jennifer Green Baer |
| Marcus Hirsch |
| 30 Maddie Leibowitz |
| Nicholas Marell |
| Lauren Sachs |
| Glenn Smith |

Wedding Anniversaries



- | |
|----------------------------------|
| 1 Sherry & Stephen Jacobs |
| 2 Maggie & Harry Kaufman |
| 7 Joan & Gene Goldberg |
| 10 Dania and Richard Schwartz |
| 12 Ellen Morris & Richard Greene |
| 18 Bryna & Alvin Jagoda |
| 19 Nancy & Richard Baer |
| 24 Marcie Gorman & Stan Althof |



The Mussar Moment

Barry Horowitz, MD

Last month, Rabbi Shapiro discussed "Bechira Points." These are moments that occur every day where we have choices of how to act or behave. Someone cuts you off in traffic. Do you roll down the window and yell at them or might you instead think to yourself that perhaps they really need to get somewhere and patiently wait for them to pass? How we respond to these types of situations that we encounter can shape our ability to reach our highest spiritual potential in our lives. And the ability to make better choices results from working on our *Middot* or soul-traits that may be out of balance.

The *Middot* that are turned up too high or too low define our individual spiritual curriculums. And typically, the first Middah that we start working on is *Anavah* or Humility. As Rabbi Bahya ibn Paquda wrote in the classic Mussar text *The Duties of the Heart*: "All virtues and duties are dependent on humility." However, Humility in the Mussar sense has nothing to do with being humble. Rather, it is associated with healthy self-esteem, where we occupy our rightful space, neither too much nor too little. This space can be physical, emotional, verbal or even metaphorical.

Anavah is therefore not the opposite of conceit or arrogance, which would be self-effacement, but rather stands between them, not being an extreme quality. It is a balanced, moderate, accurate understanding of ourselves that we act on in this life. And while we are not all meant to occupy the same amount of space, we are also taught to be elastic within it depending on the situation. Last week, I was giving a lecture to a group of physicians and one of them made the point of interrupting me constantly, interjecting his knowledge about the subject, disrupting the flow of the conversation. He was clearly taking up too much space. In the end, having *Anavah* does not mean being nobody; it just means being no more of a somebody than you ought to be.

Is *Anavah* a soul-trait you need to work at? Do you leave enough space in your life for others, or are you jamming up your world with yourself? Or is there space you rightfully ought to occupy that you need to stretch into? Your answers are the measure of your Humility.

If you are interested in learning more about Mussar, I will be teaching the Mussar I introductory class at the JCC in Palm Beach Gardens beginning on Monday, January 16th at 7:00 pm. We will meet six times over three months and explore six different *Middot*, learning from Mussar teachings and practicing Mussar techniques. If you are interested, you can sign up on the JCC website (www.jcconline.com) or call them at (561) 712-5200.



President's Circle Update

Nancy and Barry Horowitz | Chairs

We had a wonderful President's Circle Shabbat last month. Several of our members read during services and the Rabbi gave a beautiful blessing on the bimah. Many thanks again to Cynn timer List, Irv Silver, and Lisa Caplan for organizing the evening and for arranging the delicious prone g and one g.

Last month, the congregation received a letter asking for current members to rejoin for 2017 and soliciting new membership as well. We have already had an overwhelming response and wish to welcome our new 2017 members as of the time of this writing: Ellis Kern, Edith and Gerard Belilty, Ellen Ehrenkranz, Ellen Goldenson, Stefanie and Rob Raifman, Cynthia Friedman, and Ray and Linda Golden. If you have not already done so, please contact the Temple office regarding your membership by the end of January, at which point we will be updating the President's Circle Plaque for 2017.

We are planning a cocktail party in the late winter or early spring for all members of the President's Circle. Details of this will be forthcoming in the near future.



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E-mail: LawrenceAbramson@aol.com

1860 Forest Hill Boulevard

Suite 200

West Palm Beach, FL 33406

The Palm Beach Fellowship of Christians & Jews invites you to a new series of Interfaith Dialogues!

This popular series is facilitated by Tom O'Brien, TI's Rabbi Howard Shapiro, and our new panelist, CB Hanif. **Free to Fellowship members**; \$10 guests (save \$10 with a Series Pass). Call **833-6150** for more info and to RSVP!



Jan. 24
Feb. 7
March 14






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Call the Temple office at (561) 833-8421 to reserve your space.


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January 2017

Visit www.Temple-Israel.com for more information about these events and programs and for the latest calendar updates.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>New Year's Day</i>	2 <i>TI Office Closed</i>	3 TI Executive Committee Meeting 7:00 pm	4	5	6 First Friday Shabbat 7:00 pm - Proneg 7:30 pm - Service	7 Torah Study 9:30-10:30 am 
8	9	10	11 Yoga Class 5:45 - 6:45 pm 	12	13 MLK, Jr. Shabbat 6:00 pm - Proneg 6:30 pm - Service	14 Torah Study 9:30-10:30 am
15	16 <i>TI Office Closed</i>	17 TI Board Meeting 7:00 pm 	18 Yoga Class 5:45 - 6:45 pm	19	20 Erev Shabbat 6:00 pm - Proneg 6:30 pm - Service followed by dinner and <i>Courageous Conversations #2</i>	21 Torah Study 9:30-10:30 am
22 Religious School Bake Sale 9:30 am - 12:30 pm 	23	24 TI Annual Meeting 6:30 pm	25 Yoga Class 5:45 - 6:45 pm	26 <i>Chai Life "Lunch and Learn"</i> 11:30 am	27 5:30 pm - Religious School Families Shabbat Dinner Erev Shabbat 6:00 pm - Proneg 6:30 pm - Service	28 Torah Study 9:30-10:30 am <i>Race for the Cure</i>
29	30	31				